Office bearers for 2009 - 2010

President Secretary–Club	Kitty Nimmo Olive Nicoll	5 Gowan Park, Cupar 11 Dura View, Pitscottie	01334 653 290 01334 828 687	
Secretary-Minute Secretary-Speaker	June McLaren Elspeth	24 Watts Gardens, Cupar 126 Tarvit Drive, Cupar	01334 654 877 01334 652 087	
Secretary—Speaker	McCririck	120 Taivit Diive, Cupai	01334 032 007	
Treasurer	Anne Foley	Moyness, Teasses Mill. Ceres	01334 828 488	
Overseas Service	Margo Nicoll	7 Beechgrove Rise, Cupar	01334 657 807	
Organiser				
Club Correspondent	Carole Pirie	Rowanbrae, 7 Drumwell, Cuparmuir	01334 653 434	
Community Service	Chris	Heathersett, Pitlair Park,	01337 831 008	
Convenor	Dickinson	Bow of Fife, Cupar		
Immediate Past President		Connie Donaldson		
and Flowers and cards				
Entertainments Convenor		Mary Wilson		
Grace, Vote of Thanks		Marlene Inglis		
Apologies	Eleanor	01334 654 543		
Barbour		euan.barbour@btinternet.com		

Contact for News letter: Carole Pirie: email: carole@agpirie.plus.com
Website: www.rotarycupar.org/inwheel.htm

Monthly Coffee Morning Hostesses

13 Jan. 2010	Kitty Nimmo IW Day	7 April 2010	Mary Wilson
3 Feb. 2010	June McLaren	5 May 2010	Marlene Inglis
3 March 2010	Moyra Blyth	2 June 2010	Chris Dickinson

Please note: Coffee morning tickets will cost £1 and the Book Exchange will cost 50p per book.

Please check venue before going in case of changes!



Inner Wheel Club of Cupar

Session 2009-2010



December News





Hello Ladies,

It was good to see so many of you at our Christmas Lunch which I'm sure you enjoyed as much as I did - good food and good company.

The quiz once more has been a great success having raised over £350 (and still more to come). The winner was Mrs C. Dalrymple, Hogarth Drive, Cupar

Once again can I remind you to save your postage stamps as this of course is the best time of year to collect them.

I hope you will manage to come to my house for coffee on 13th January for IW Day and please remember to bring any plants or flowers that you have so they can be distributed to local care homes and centres.

Meanwhile have a great Christmas and very best wishes to you all for the coming year.

Yours in friendship,









Kitty.

Connie's Recipes

These did not make the September news letter but I am sure they could be put to excellent use for our Festive entertaining.

Barbados Cream - serves 6

1/2 pint double cream1/2 pint natural yogurt8 rounded tablesp.dark brown Muscovado sugar

Whip cream till the same consistency as yogurt. Stir in the yogurt till smoothly blended. Turn into 6/8 ramekins and sprinkle a tablesp. of sugar on each. Cover with cling film and refrigerate over night. Before serving sprinkle more sugar over to give a crunch. (tip - if the Muscovado has hardened in the bag pop it into the microwave for a few seconds)

Ice cream

I pt double cream
1 small pot custard
1 tin condensed milk
Vanilla extract to taste

Lightly whip the cream to soft peaks. Fold in the other ingredients. Spoon into a plastic container and freeze. Take out 20 -30mins before serving.





A thought for Christmas

I think this verse by Norman W. Brooks is very apt for Inner Wheel – hope you all do too.

Christmas is forever, not for just one day, For loving, sharing, giving, are not to put away Like bells and lights and tinsel, in some box upon a shelf. The good you do for others is good you do yourself.



May this Christmas be filled
With happiness in all that you do
And may this joy continue
The whole year through.
Wishing you a merry Christmas
And a Happy New Year

From Carole