

## Office bearers for 2010 - 2011

President	Pat Robb	2 Sutherland House Wemysshall Road, Ceres	01334 828 678
Secretary-Club	Olive Nicoll	11 Dura View, Pitscottie	01334 828 687
Secretary-Minute	June McLaren	24 Watts Gardens, Cupar	01334 654 877
Secretary-Speaker	Elsbeth McCririck	126 Tarvit Drive, Cupar	01334 652 087
Treasurer	Elinor Ritchie	12 Front Lebanon, Cupar	01334 655 711
Overseas Service	Margo Nicoll	7 Beechgrove Rise, Cupar	01334 657 807
Organiser			
Club Correspondent	Carole Pirie	Rowanbrae, 7 Drumwell, Cuparmuir	01334 653 434
Community Service Convenor	Chris Dickinson	Heathersett, Pitlair Park, Bow of Fife, Cupar	01337 831 008
Immediate Past President and Flowers and cards		Kitty Nimmo	
Entertainments Convenor		Mary Wilson	
Grace, Vote of Thanks		Marlene Inglis	
<b>Apologies</b>	Eleanor Barbour	01334 654 543 <a href="mailto:euan.barbour@btinternet.com">euan.barbour@btinternet.com</a>	

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Website: [www.rotarycupar.org/inwheel.htm](http://www.rotarycupar.org/inwheel.htm)

## Members Coffee Mornings

1 Sept 2010	Pat Robb	2 March. 2011	Chris Dickinson
6 October. 2010	Olive Nicoll	6 April 2011	Janice Duncan
3 November 2010	June McLaren	4 May 2011	Liz McLeish
13 January 2011	Pat Robb	1 June 2011	Elsbeth McCririck
Inner Wheel Day			
2 February 2011	Ellen Stephen	15 June 2011	Margo Nicoll
		Strawberry Tea	

**Please note:** Coffee morning tickets will cost £1 and the Book Exchange will cost **50p per book**.  
Please check venue before going in case of changes!



## Inner Wheel Club of Cupar

Session 2010 - 2011

## September News

Hello Ladies

This is the start of a very exciting new year, (I hope)  
We have a great programme of speakers, and lots of projects for you all to get your teeth into as much or as little as you wish.

I would like to thank all 22 of you who came to coffee at my house. We did run out of chairs but it did not seem to upset anyone. Judging by the noise level, I would reckon it was a success and the feeling in general is that we should continue them over the summer months.  
Open for discussion.

It was great to see some of our more frail members making it to Ceres.  
Betty Paterson appeared looking as wonderful as ever, also Joan Spittle who has had a rough year.  
It was wonderful to have them with us and if they can make one or two of the meetings it would be a bonus

I am looking forward to this year and to seeing you all on 29<sup>th</sup> October.

*Pat*

**OVERSEAS SERVICE**

I hope you have all had a good summer. As we prepare for a new Inner Wheel year, can I remind you to keep collecting used postage stamps and old spectacles which I pass on to Oxfam who do sterling work where it is needed overseas. I can also collect used printer cartridges and old mobile phones. The money raised from these goes to Water Aid.

Thank you all

*Margo* – OSO

### **“Seasons of mists and mellow fruitfulness”**

It's this time of year again and below I have printed a favourite recipe using nature's bounty. I hope you enjoy it too.

### **Spiced Plum Chutney**

#### **Ingredients:**

- 1.5kg plums – halved, then remove stones
- 500g apples – peeled, cored and diced
- 2 oranges
- 200g dried figs or dates, chopped
- 100g dried cranberries
- 1 tsp ground ginger or 1 inch of ginger root, peeled and finely grated
- 1 tsp ground cinnamon
- 300ml red wine vinegar
- 500g demerara sugar

#### **Method:**

- Put prepared plums and apples in a large saucepan.
- Add finely grated zest and juice from the oranges.
- Add figs (or dates), cranberries and spices, along with vinegar and sugar and stir till sugar is dissolved.
- Bring to boil, then simmer till thick and syrupy.
- Put in jars, label and enjoy!

Good for bring and buy stalls and coffee mornings!

*Carole*

### **SECRETARY INFORMATION**

#### **Invitations:**

**Kirriemuir Open meeting:** Kirriemuir Golf Club Kirriemuir  
Tuesday 26<sup>th</sup> October 2010 7pm. Cost £14  
Speaker Angus Whitson 'The Man with Two Dogs'

**Dundee Open meeting:** Woodlands Hotel Broughty Ferry  
Thursday 18<sup>th</sup> November 2010 1.45pm. Cost £6.75  
Speaker Sandra Thomson 'The Journey of Jute'

**Stirling Birthday Tea:** Terraces Hotel Stirling  
Friday 5<sup>th</sup> November 2010 2.15pm Cost £7  
Speaker Liz Pitcairn 'History of Girl Guiding'

**District Curling Bonspiel 2010:** Dewars Ice Rink Perth  
Friday 12<sup>th</sup> November 2010 11.30am Cost £20 per player

Numbers for all the above events will be required at the September meeting.

#### **MENU FOR SEPTEMBER MEETING**

- Roast Pork tenderloin steak with potato rosti & sauce gazpacho
- Baked sweet pepper filled with vegetable risotto topped with mozzarella cheese & sauce gazpacho.
- Poached Shetland salmon salad with baby potato & spring onion salad

#### **APOLOGIES**

Please let Eleanor Barbour have any apologies, either by e-mail or telephone by Sunday 26<sup>th</sup> September.